

Hearing

Friday, 3/8/19



1. Hearing loss is irreversible! By placing earmuffs or earplugs near noisy places on the farm, you can remind yourself to take preventative measures to be able to save your hearing. @Grainger has everything you need: <http://bit.ly/GraingerHearing>
#KeepFarmsSafe #USAgCenters #ASAP19 @AmericanFarmBureau
2. Did you know a tractor at full load is 120 decibels? That is 35 decibels over the safe zone!
<http://bit.ly/HearingSafetyYouTube>
#KeepFarmsSafe #USAgCenters #ASAP19 @AmericanFarmBureau
3. Finding ear plugs that fit your ear canals is the first step in protecting your hearing. @nccrahs remind us of how to properly size yourself for ear plugs
<http://bit.ly/MarshfieldEarPlugs>
#KeepFarmsSafe #USAgCenters #ASAP19 @AmericanFarmBureau @nccrahs
4. The most severe type of hearing loss occurs when decibels reach 160 and the eardrum ruptures. Download the @NIOSH sound level meter to make sure you are using the proper ear protection.
<http://bit.ly/CDCNoiseApp> #KeepFarmsSafe #USAgCenters #ASAP19 @AmericanFarmBureau
5. CAN YOU HEAR ME NOW? If you have to raise your voice above normal speaking to be heard, it is TOO LOUD! You are in serious danger of having permanent hearing damage! #KeepFarmsSafe #USAgCenters #ASAP19 @AmericanFarmBureau



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Photos for each day's theme can be found [here](#).